

Facials

Products used for facials are 100% natural pure Organic 'Suki'. And 'Dermalogica'.

Express Facial

A complete treatment for people on - the - go a quick boost to keep your skin looking healthy & radiant. 30 mins £25.00

Prescriptive 'Classic' Facial

A revitalising treatment for a healthy skin. Includes a therapeutic face, neck & shoulder massage to ease the mind & spirit. 60 min £35.00

Pure & natural 'Anti ageing' facial

A 'classic facial' incorporating the magical ingredient that is 'Pueraria Miiirifica' also known as 'Kwao Kreu Kao'. This has anti ageing properties & is only found in Thailand. It is the only ingredient in this particular facial herbal ball which helps tone & purify the skin. Improving the texture & firming, it even helps acne. 75 min £45.00 (A very rare product)

A complimentary sample of Thai foot or Thai hand massage is provided with 60 min & 75 min facial.

Total Eye Treatment

Cleanse, exfoliate, acupressure therapy & drainage, masque & serums to smooth fine lines & reduce puffiness. Complimentary head massage included. 30 min £25.00

Eyes

A patch test maybe needed 24h prior to treatment (tint only)

Eyelash tint 20 min £12.00
Eyebrow tint 15 min £8.00
Eyebrow shape (wax) 15 min £8.00

Eastern Treatments

Holistic Therapies

Indian Head Massage

A deeply relaxing, stress releasing, detoxifying Treatment. (seated & clothed) 30 min £25.00 (add 100% pure coconut oil to treatment £3.00)

Reiki

Originally from India & redeveloped from Japan to the western world, this is a deep yet relaxing hands on healing treatment. (fully clothed)

Seated 30 min £25.00

On couch 1h £35.00

'Hot stone therapy' available please ask.

Thai Foot Massage

(add another treatment ie head massage)

A holistic treatment stimulates the organs combines yoga, Chinese massage, & reflexology. Working on the, toes, ankles, lower legs and knees. A deep and relaxing treatment, hot socks to complement the treatment. The Full treatment. 55mins £35.00

Massage—Swedish & acupressure/Thai style

Deep or relaxing your choice.

Back, neck & shoulder 30 min £25.00

Thai foot massage 30 min £25.00

Face, neck & scalp (scalp oil extra) 30 min £26.00

Legs & feet 30 min £25.00

Full body massage 1h £43.00

'Official masseuse of the London'

Thai Herbal Heat/Thai

Aroma Massage (Thai aroma on it's own slightly different price as no compressor)

Two wonderfully relaxing treatments.

The combination of Traditional Thai massage & heated herbs. Relaxes aching muscles eases respiration and reduces tension. Perfect for sore muscles from **sport** or **general everyday strain on the body**. Thai stretching, Swedish strokes and a herbal heat ball is applied. Full body treatment inc face 1 1/2hrs £65, 30 min treatment ie back neck & shoulders (or problem area) £35. A 1hr full body treatment £55. The herbal compressors are from Thailand with specialised herbs. More info on my website treatments page.

Add to any treatment 15 min of;

- Face, neck & scalp (scalp oil extra)
 - Back, neck & shoulder
 - Thai foot massage
 - Thai hand massage
 - Head massage (scalp oil extra)
- All the above £12.00 each.

Let the therapist decide for you!

4 taster treatments in 1hr for the areas the therapist thinks is most in need of attention. £40.00

Hands & Feet

Manicure 40 min £18.00

Luxury Manicure 1h £24.00

(100% pure cocoa butter & hot towel is used to enhance treatment)

Reshape & varnish 20—30 min £12.00

Pedicure 45 min £21.00

Luxury Pedicure 1h £26.00*

(* nourishing/exfoliating masque)

Waxing

Full Leg	45 min	£23.00
3/4 Leg	35 min	£18.00
1/2 Leg	30 min	£15.00
underarm	15 min	£10.00
Norm Bikini	15 min	£10.00
Brazilian	20 min	£19.00
Full Arm	20 min	£17.00
Forearm	15 min	£14.00
Lip	15 min	£6.00
Chin	15 min	frm £5.00

Using Aromatherapy Wax.

Male Grooming

New male clients salon only or on Referral.

You can choose from any of the other treatments but here is a section just for you.

Face

Express Facial just for the male skin
30 min £26.00

Hands & Feet

Mini Manicure 30 min £15.00
Luxury Manicure 40 min £20.00
Mini Pedicure 30 min £16.00
Luxury Pedicure 45mins £21.00

Wax

Brow Tidy 15 min £6.00
Back or Chest wax 25 min Frm £16.00

Massage

Back of legs & back massage 35 min £30.00
You can also add a Thai foot/hand massage or head massage to any treatment (15 min)

We provide facial & body products for men too.

Why not have a Spa Party!

A selection of treatments, within set times, 1 or more therapists are available for you and your guests. **For any event or venue.**

Packages are available. Please ask for more details and a quote.

Main therapist experienced (in top London salons) & insured

Charlotte Ford

BABTEC, NVQBT, USNH, LSTM, MGPBT.

Appointments only

Possible arrangement for any day of the week.
10am — approx 7pm

You can also hire a therapist/s offering Mini treatments to all your guests/clients/employees at

Functions/events.

New site www.relaxretreat.co.uk

Keep an eye out for regular offers on Treatments.

A deposit is needed for each treatment.
Cancellation fee under 24hs

Cash or cheque only

**Minimum call out £20.00(mobile)
Depending on location**

enquiries@relaxretreat.co.uk

Tel; **07939 821 901**

**Mobile or Salon
(see links page)**



Eastern treatments
With added beauty
The natural way



Specialising in stress
Relief treatments & beauty
Maintenance
For men & women
(Mobile or Salon)